



Please find below a list of Head, Heart and Hands Activities that can be done for Refugee Week 2025



Video- Suitable for assemblies or classroom activities.

https://www.youtube.com/watch?v=N5Q_IHbkvns

Tasks to do with Students:

Discussion Questions:

1. How have the media and government portrayed asylum seekers, and how does this video challenge those portrayals?
2. In what ways does the Brigidine Asylum Seekers Project make a positive impact on the lives of asylum seekers?

Research Assignment: Investigate the current policies in Australia regarding asylum seekers. How have these policies evolved over time, and what are their implications?

Role-Playing Exercise: Assume the roles of different stakeholders, such as government officials, community members, and asylum seekers. Conduct a simulated discussion on immigration policies and the role of organizations like BASP.

Letter Writing Campaign: Write letters to local representatives expressing your thoughts on asylum seeker policies and advocating for more compassionate and just treatment.

Community Engagement Project: Plan and execute a project to raise awareness about asylum seekers' challenges and support organizations working in this field.

Guest Speaker Invitation: Invite a representative from BASP or another organization working with asylum seekers to speak to the class and answer questions.

Comparative Analysis: Compare Australia's approach to asylum seekers with that of another country.

Explore the similarities, differences, and potential lessons that can be learned.

Opinion Piece: Write an opinion piece discussing your perspective on how society should approach asylum seekers, drawing on insights from the video.

Reflective Journaling: Reflect on your own preconceptions about asylum seekers before watching the video and how your understanding has evolved. What actions could you take to contribute positively to the situation?



Kahoot: <https://create.kahoot.it/share/basp-refugee-week-2025/8d921d93-3054-422d-a656-2dcdffa92b59>



Whole school/ Year level/Community Display - Refugee week - Freedom, Family, Home



1. Set up the outline of a House
2. In the outline, put words that are preventing asylum seekers from having a 'Freedom and a Safe Home' around the outside or on the border.
 - **Legal restrictions**
 - **Language barriers**
 - **Lack of documentation**
 - **Discrimination**
 - **Financial constraints**
 - **Limited housing availability**
 - **Bureaucratic delays**
 - **Social isolation**
 - **Employment challenges**
 - **Healthcare access**
 - **Racism**
3. Ask members of your community to write down on a sticky note what 'Freedom and Home' means to them.

Class Activity:

The Asylum Game: Seats of Safety (Rules and resources in link)

This game (like musical Chairs) focuses on **Refugees and Asylum Seekers**, which can raise awareness about the challenges these individuals face and spark empathy and understanding in the same interactive way. The goal is still to help participants understand the circumstances under which people become refugees or asylum seekers, and the barriers they encounter in trying to find safety and stability.

POSTER Competition:

Encourage students to create a poster for BASP Social Media.

The aim is to educate others about the plight of Asylum seekers and [The work of BASP](#)

Schools can conduct this in any way they please.

Any entries (with permission) can be sent to: admin@brigidineminiistrycentre.org.au

Spread the word:

Encourage your community to follow our Social Justice Social Media pages:



BASPsocials



<https://www.facebook.com/BrigidineAsylumSeekersProject>



Empathy Games: All online

[Syrian Journey](#) Choose your own escape route from war-torn Syria to a safer place in Europe and face many challenges and tough choices on the way.

[Brothers Across Borders](#) An interactive journey based on the true stories of Syrian refugees in Turkey. Walk in the shoes of Ismael, a 21-year old Syrian refugee on a mission to find his brother, Muhammed.

[Restoring Family Links](#) In this interactive presentation we take you on the journey of a young girl called Nadine. You have the chance to experience her story and decide what you would do if you found yourself in Nadine's situation.

Other short Videos to build empathy

Go through each Myth regarding Asylum seekers.

Watch and talk after each one.

<https://www.youtube.com/watch?v=aNztPI15F0Q&list=PLlyLjb7qxaQV15qHR0GgwYdb e40awpLRX>



Outreach:

Organisations such as BASP rely entirely on the support of the community to help their clients.

They receive no government support, and the rental bill alone is \$100,000 per month.

Pay a power bill. Each class could pay the power bill for one family for a month= \$130

Pay for groceries. Supermarket vouchers allow asylum seekers to buy the essentials they need.

Collect essential foods: Canned tomatoes, Basmati Rice, canned tuna, Olive or vegetable oil

Other essentials: dishwashing liquid, cleaning equipment, Shampoo and conditioner. Deodorant. (Please contact BASP for a more extensive list.)



Other subject area resources.

<i>Subject area.</i>	<i>Resource.</i>
General	<p>Webinars https://www.refugeeweek.org.au/educational-webinars/</p> <p>Podcasts https://www.refugeeweek.org.au/podcasts/</p> <p>Films https://www.refugeeweek.org.au/films/</p> <p>The Great Escape Board Game. This downloadable board game simulates the challenges refugees face when attempting to escape from their country</p> <p>Go Back to Where you came from - Student resources.</p> <p>https://iview.abc.net.au/video/LE1617H006S00 You can't ask that Refugees</p>

	<p>The Scattered People project started as a photo documentary that was developed over six months and tells the story of three families and their plight as refugee claimants. Click here to open the page about these stories.</p>
English/Literature.	<p>List of books</p> <p>English Related Activities - Eddie Rice - Great activities including poetry and other 'hands on tasks'</p> <p>Film Study - P 26</p> <p>Picture Book Study - p42</p>
Drama / RE	<p>Border Control role play</p> <p><i>This role-playing activity simulates an encounter between refugees and immigration officers.</i></p> <p>The Balloon Game</p> <p><i>This game uses the challenge of simultaneously juggling five balloons to encourage students to simulate the challenges refugees face when settling in a new country.</i></p>
Humanities / Geography	<p>Time to Flee</p> <p><i>This activity asks students to imagine themselves in the situation of a family at risk of persecution and to think about the decisions they would have to make if they had to flee their country.</i></p>
RE	<p><i>Prayer, Scripture, What does it mean to have a home? What are rights and responsibilities, UN data etc:</i></p> <p><i>Refugee Stories</i></p> <p>Journal Prompt = Read this poem:</p> <p><i>Trapped in a world so strange and new Far from the land I once knew I dream of freedom, of open skies Where justice reigns and hope never dies</i></p> <p><i>My heart aches for the life I left behind For the friends and family I couldn't find But I must be strong, I must be brave</i></p>

	<p><i>And fight for the future that I crave</i></p> <p><i>For every tear that I have shed</i> <i>For every memory that fills my head</i> <i>I know that I must keep moving on</i> <i>To a place where I belong</i></p> <p><i>So, I hold on tight to my dreams and my hope</i> <i>And pray that one day, I will find my way to cope</i> <i>With the trials and struggles that come my way</i> <i>And find the freedom and justice that I seek</i> <i>today.</i></p> <p>Longer tasks...</p> <p>- Indefinite Detention. What is it? Why have governments implemented it? What do our Catholic Social Justice teachings tell us about this policy? Explore this article (older students) https://theconversation.com/3-types-of-denial-that-allow-australians-to-feel-ok-about-how-we-treat-refugees-186294</p> <p>Video - Mary Meets Mohummad</p> <p>Worksheet</p>
Music	Eddie Rice Activities (Page 18)
Maths.	A Fact-Finding Mission Go to the Department of Home Affairs. Examine the current Immigration Detention and Community Statistics Summary (Go to page 23)
Art and Textiles	Eddie Rice Activities (Page 47) Create your own art or craft response to what you are learning about refugees and people seeking asylum. It can be in any medium(s) and dimensions you choose
Health and PE	Activities and resources on Refugees Who Are Involved in Sport Pg 58 Rio 2016: The Refugee Olympic Team Pg 63
Food Tech	Share a story cookbook

Music for a School PA system.

U2 - Refugee

[Refugee's welcome](#)

[The Housemartins- I'll be your Shelter](#)

Missy Higgins: "O Canada" <https://www.youtube.com/watch?v=TsFaI0YlWU0>

YOUTUBE Song (FAMOUS Australians - record song condemning treatment of asylum seeker children)

<https://youtu.be/BSSxL6FZLbc>